

October's report

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I learned about “discrimination” through watching a movie and talking with my teacher in October.

The movie “Get Out” focused on discrimination between black people and white people, and many kinds of discrimination were expressed in this movie. I was interested in discrimination because I was not sure about it, and I had never experienced discrimination. In addition, this movie won an Academy Award, so I decided to watch it.

I'm Asian. I'm neither a white person nor a black person. Therefore, I could only watch this movie from a third-person point of view. Also, I didn't know much about the differences between black people and white people, so I asked my teacher, “Could we talk about discrimination?” and we talked about it after class. Through this discussion, I could discover many things.

First, I realized that I might be discriminating without even realizing it. For example, if I talk to someone who doesn't have a Japanese face, I always start talking in English regardless of whether he or she can speak Japanese or not.

Second, I had thought that “discrimination only occurs between black people and white people.” But in fact, there are many kinds of discrimination, and it discrimination does not only occur between only white people and black people. For example, the target of discrimination is often black people in the U.S., but the target of discrimination is more often native people in Canada. Also, there is discrimination that affects people of all races, not just black or white. For example, there is discrimination between Trump supporters and Biden supporters in the U.S.

“Discrimination” is often born from prejudice, and almost all of those prejudices are based on the education that we have received, from school, from home, and from the media. Therefore it might be difficult to change our point of view fundamentally. However, if we think about those points when we hear new

information: 1, is this information trustworthy? 2, what is the purpose of the information? 3, how does this information compare with other information (don't focus only one information), we might be able understand more clearly, so I feel that I need to focus on these points when I evaluate new information.

There are many people who have stereotypes in the generation of my parents, but there are many people who have wider point of view in our generation because nowadays there are many opportunities to meet a lot of international people. Therefore, I hope the new generation's people have a more diverse point of view. Discrimination was born from history of the past, so we must not forget the history, but we have to move forward to make a world that is easier for everyone to live in. I am thankful for this opportunity to learn about discrimination more deeply while studying at Lethbridge in Canada.

